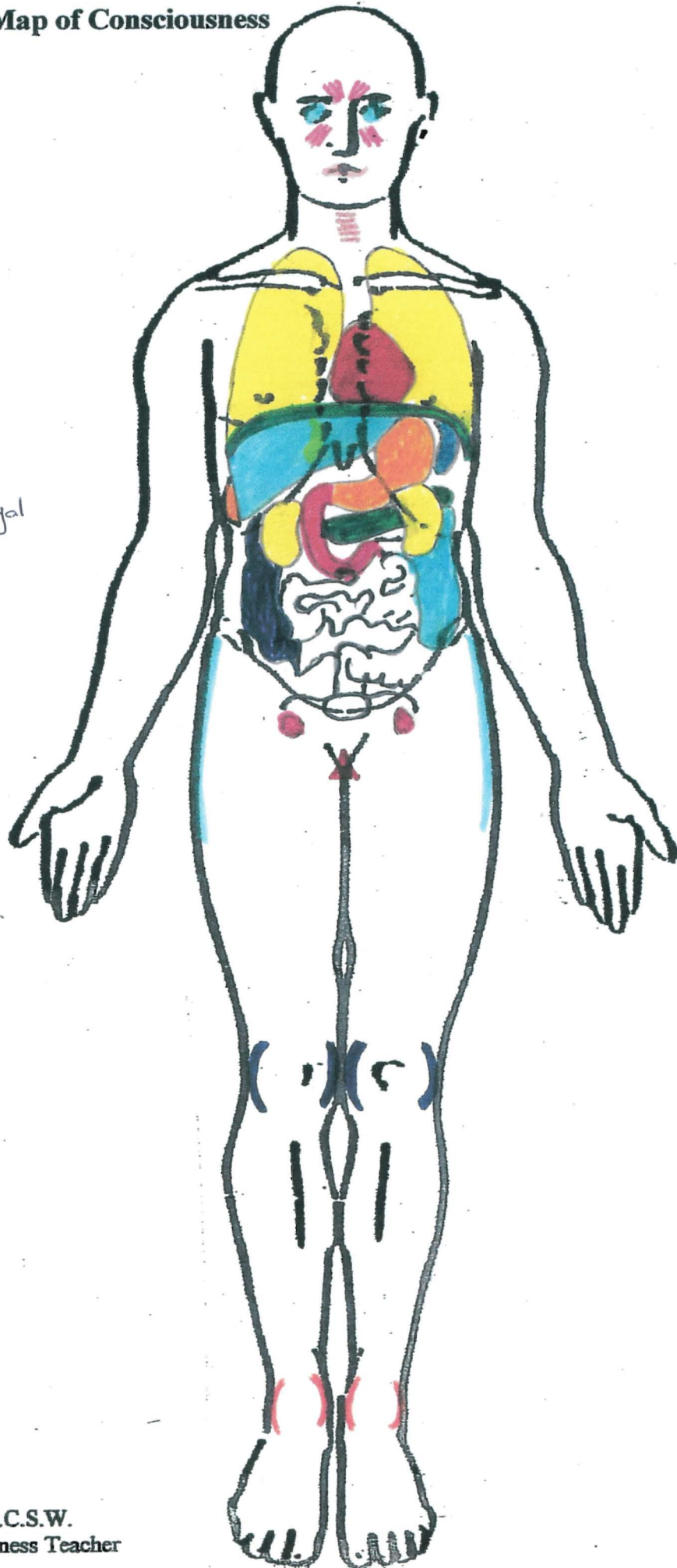


Partial IA® Body's Map of Consciousness



✕ Eyes - Rage
Windows to the Soul

✕ Sinuses - Shame - *conflict*

Larynx - Desperation

Lungs - Grief
Money Issues

Diaphragm/Solar Plexus
Anxiety, Fear, Terror, *Betrayal*

Gall Bladder - Blame

✕ Liver - Male Principle
Anger, Life's Purpose

Kidneys - Giving and
Receiving Issues, Fear

Ascending Colon - Hiding
from self

Right Ovary - Mom's
judgments r/t females
Right Testicle - Mom's
judgments r/t males

Hips - Shame
Power Matrix

✕ Knees - Abandonment
Fear

Ankles - Terror
Fear of falling/survival

Mouth - Frustration
Frage/Anger

Heart - Sadness, Joy
Courage, Forgiveness
Back of heart

✕ Spleen - Female
Principle, Unfairness
Disappointment

Duodenum - Shame
This life.

Pancreas - Shame
Karmic - Past life.
Stomach - Ambition

Descending Colon
Hiding from others

Left Ovary - Dad's
judgments r/t females
Left Testicle - Dad's
judgments r/t males

Coccyx - Terror

Eliciting Emotions Body Chart

(mental attitudes stored in the body)

Feminine Energy on left side

Receptivity, Taking In

Closed, Invalidation

Masculine Energy on right side

Giving Out, Letting Go

Need to Listen, Feeling Unheard
 Fear, Confusion, Never Good Enough
 Indecision, Blame, Guilt
 Repressed Anger, Bitterness
 Fear, Burdened, Overloaded
 Helpless, Anger
 Fear of Life, Can't Cope
 Fear, Bitterness, Condemn
 Remorse, Guilt, Sad
 Rage, Anger, Helpless,

Worry, Failure
 Resistance, Stored Pain
 Disappointed, Blame Others
 Victim, Poor me
 Fear of Relationships
 Insecure, Unsafe, Lonely
 Stuck in Pain
 Abused, Guilt, Self Hate
 Sexual Rejection, Powerless
 Insecure, Anger
 Holding On, Self-Blame
 Sitting on Old Pain, Helpless
 Unsafe, Can't Survive, Terror of
 Extinction, unloved, Rejection,
 The Void, Separation from God,
 Annihilation, Despair, Non-
 Existence, Fear of Going Forward,
 Pride, Ego, Stubbornness, Not
 Good Enough, Undeserving,
 Ungrounded

Never Good Enough, Hurt
 Afraid to See
 Need to See Beyond the Lesson
 Invisible, Need Recognition
 Can't Take it, Close Minded, shut off
 Stubborn, Inflexible
 Can't Speak Up for Myself
 Need to be Perfect
 Fear of Death, Loneliness
 Dishonored, Poor Me, Alone, Sad
 for self/others, Self-Pity,
 Deep grief, Heartache
 Fear of Losing Self in Commitment
 Fear, Hate, Self Doubt, Lack of
 Trust, Unfaithful, Bad, Judge
 Self and Others, Guilty,
 Condemned, Punish Self/
 Others, Reject Self/Others
Childhood Issues - Arms

Anger, Rage, Frustrated, Bored,
 Lack of Creativity, Inflexible
 Afraid to move forward
HANDS: Holding On, Can't Cope
Thumb: Worry
1st: Fear, Pride
2nd: Sexuality, Anger
3rd: Grief, Unions
4th: Family Relationships
Adult Issues - Legs - thighs
 Can't Bend
 Angry, Stubborn, Better/Less Than
 Vulnerable, Weak, Scared, Terrified
 Insecure, Fear of the Future
 Shut Down Sexually
 Fear of Minor Details of the Future

Numb Face: Stuffed Feelings

Itching: Remorse,
 Want to Get Out/Away

Bad Breath: Festering
 Anger/Revenge

Body Odor: Fear of Others,
 Self-Hate

Cramps: Fear, Tension

Nausea: Fear, Rejection

Pain: Guilt, Seeking Punishment

Tics/Twitches: Fear (being watched)

Varicose Veins: Feeling Overworked,
 Overburdened, Discouraged

EYE CONDITIONS:

Burning: Fear

Stinging: Terror

Dry: Resentment

Gritty: Anger

Heavy: Sadness

